



SAINT HERMAN PRESS
CATALOG

SPIRITUAL COUNSELS, LIVES OF SAINTS,
AND THEOLOGY IN THE
ORTHODOX CHRISTIAN TRADITION

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St. Herman Press

FOR almost fifty years, the St. Herman of Alaska Brotherhood has been publishing Orthodox Christian literature. In 1965, with the blessing of St. John of Shanghai and San Francisco, the brotherhood began its mission to bring the truths of Orthodoxy Christianity to the English-speaking world. Its beginnings were simple: only a storefront and a small, hand-operated printing press. Dedicated to the humble Russian monk Herman—who, in 1794, was one of the first to bring the Orthodox Gospel of Christ to North America—the St. Herman Brotherhood seeks to combine the monastic life with the spread of spiritual literature.

In 1969, the brotherhood moved its publishing endeavors to the mountains of northern California. Secluded on a mountaintop overlooking the small town of Platina, the brothers established a monastic life of prayer centered on the cycle of the divine services of the Orthodox Church. They continued their labors of translating and printing amidst the rigorous demands of life in the wilderness. Since that time, St. Herman Press has published over a hundred titles and continues to produce *The Orthodox Word*—a bimonthly journal featuring Lives of saints and righteous men and women, spiritual counsels, and patristic teachings.

Fr. Seraphim Rose (†1982), one of the founders of the brotherhood, became renowned as a spiritual father, Church writer, and translator. As a convert to the Orthodox Faith who had immersed himself in the life of the Church and the teachings of the Holy Fathers, Fr. Seraphim was able to express the warmth and depth of the Orthodox Faith in his writings. Since his repose, his works have become contemporary classics of Orthodox literature, translated into fifteen different languages.

To contact the monastery about publications, pilgrimages, or other matters, please write to us at

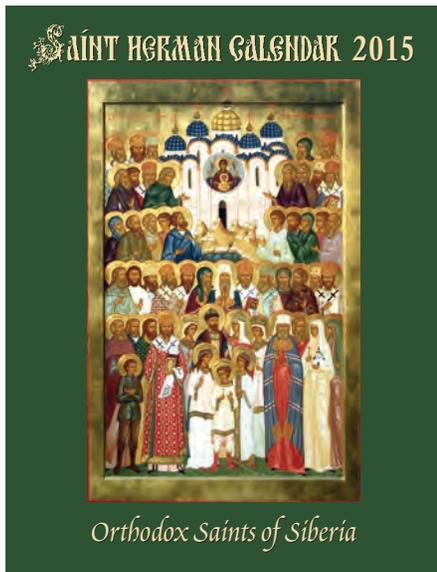
St. Herman of Alaska Monastery
P. O. Box 70
Platina, CA 96076

E-mail: stherman@stherman.com

Website: www.sainthermanpress.com

Saint Herman Calendar 2015

Dedicated to
Orthodox Saints of Siberia



The Orthodox (Julian or “Old”) Calendar, with corresponding civil dates. A complete calendar of Orthodox saints, Scripture readings, and fasting guidelines for every day of the year, together with a listing of uncanonized righteous ones of recent centuries.

The 2015 St. Herman Calendar is dedicated to the Orthodox Saints of Siberia. It includes a feature article on the history of Siberia, from its pagan origins to its colonization and evangelization by Russia and its

sufferings at the hands of the Communists in the 20th century. Also included are brief biographies and iconographic portraits of twelve of the saints who have shone forth in the Siberia.

112 pages, journal format, illustrated, paperback, \$10

Marriage and Virginity according to St. John Chrysostom

By Archpriest Josiah Trenham

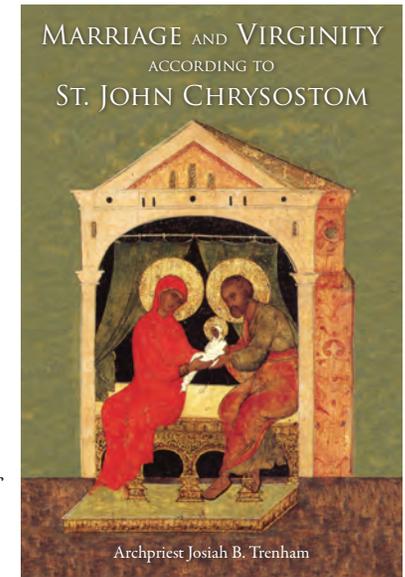
This book is a treasure trove of the distilled counsels of St. John Chrysostom—distilled from his thorough knowledge of and love for the Holy Scriptures and his profound respect for and obedience to the mind of the Church—concerning matters of great interest and importance for people of all ages and circumstances: virginity, chastity, celibacy, marriage, contraception, parenting, family life, sexual practices, divorce, remarriage, and widowhood. You will find that this great fourth-century preacher and pastor of the Church still has an urgent (and salvific!) message to proclaim to people of the twenty-first century and beyond—the soul-profitting message of the beauty of consecrated virginity and the blessedness of marriage. I trust that after receiving his inspired counsel you will marvel at the beauty of the Scripture-based teachings so as to be lifted to the clouds in appreciation of and admiration for the God Who fashioned and sanctifies both states for His glory. May it be so!

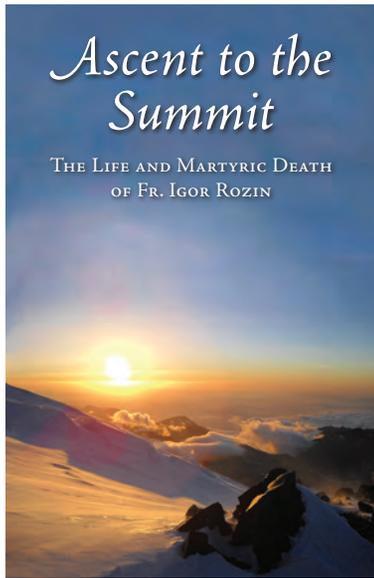
—His Grace Basil, Bishop of Wichita and Mid-America, Antiochian Orthodox Christian Archdiocese of North America

Archpriest Josiah B. Trenham is pastor of St. Andrew Orthodox Christian Church in Riverside, California. A former clergyman of the Presbyterian and Reformed Episcopal Churches, in 1993 he was received into the Orthodox Church and ordained to the holy priesthood by Bishop Basil of Wichita and Mid-America. In 2004 he received his Ph.D. in theology from the University of Durham, England, where he studied under the renowned Orthodox Christian professor of Patristics Fr. Andrew Louth. Since 2004, Fr. Josiah has served as Adjunct Professor of History at California Baptist University in Riverside. He participates in yearly academic forums and symposia, conducts numerous parish retreats each year throughout the United States and Canada, and is the founder of Patristic Nectar Publications.

298 pages, paperback, \$19

ISBN 978-1-887904-30-8





Ascent to the Summit

The Life and Martyric Death of Fr. Igor Rozin

In the words of Tertullian, “The blood of the martyrs is the seed of the Church.” In 2001, another martyr for the Orthodox Christian Faith took his place among that cloud of witnesses: Priest Igor Rozin of Russia’s predominantly Muslim Kabardino-Balkar Republic, located in the northern Caucasus Mountains. An alpine rescuer who saved those lost in the mountains, he was baptized at the age of 36, ordained to the priesthood at 42, and martyred by a Muslim extremist at 44. During his brief life as a pastor, he attained his true calling: the rescue of souls lost in the moral wastelands of modern society. His life was one of total self-sacrifice for the sake of those around him, whether Christian or Muslim.

Translated from Russian sources, this is the touching story of a man who lived to the fullest the Gospel teaching: Greater love hath no man than this, that a man lay down his life for his friends (John 15:13). Despite frequent threats to his life by those who wanted to silence the preaching of Christ’s Gospel of peace, Fr. Igor remained heedless of his own personal safety in order to minister to those thirsting for words of life. Although he was a strong man, able to defend himself, he did not strike down his murderer, but meekly accepted his fate, thus witnessing to his flock and to the world that the Christian Faith is precious, even more than one’s own earthly life. Confirming that his sacrifice was pleasing to God, Fr. Igor met his martyric end on the commemoration day of a saint he greatly revered—St. Ignatius Brianchaninov, in whose diocese he lived and served.

70 pages, paperback, \$8

ISBN 978-1-887904-31-5

The Beginnings of a Life of Prayer

By Archimandrite Irenei

The beginnings of prayer arise from the longing of the heart to know God, to rest in Him Who showed His love upon the precious Cross, to abide in the fullness of communion with Him. In the present book—a primer on prayer—Archimandrite

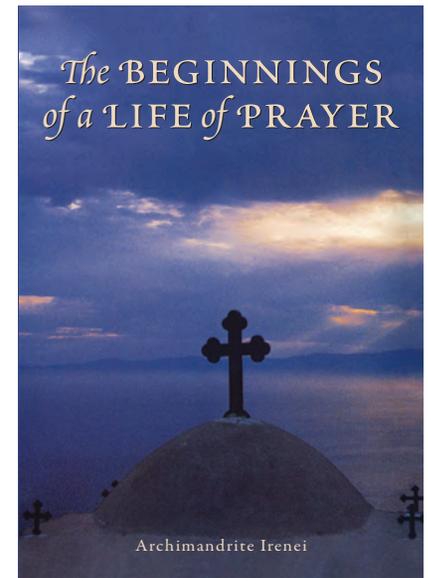
Irenei first prepares the ground by helping us to *count the cost* (Luke 14:28) of our lives as Christians, to take stock of the spiritual struggle we must undertake if we are to ascend toward God in prayer. Then, based on a sober appraisal of our lowly condition and of the worldly and demonic influences that assail us, he helps us to adorn our inward beings as temples of prayer.

With an eye ever on the practical application of Orthodox Christian teaching to the spiritual life, the author raises our minds and hearts to a greater awareness of the holiness and majesty of God, and at the same time of the potential for us—unworthy though we are—to enter into intimate communion with Him. This awareness inspires us to explore with the author the depths of prayer, and to strive more fervently toward eternal life in Christ—the end for which we have been created.

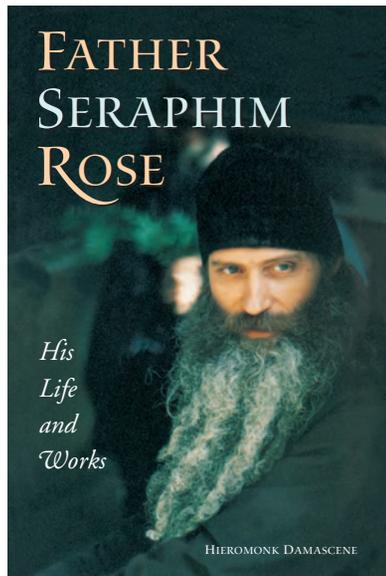
Archimandrite Irenei (M. C. Steenberg) received his doctorate in Theology from the University of Oxford. He has served as Professor of Theology and Head of Theology & Religious Studies at Leeds Trinity and All Saints College, England, and as the Principal of the St. John of San Francisco Orthodox Academy in San Francisco, California. He is currently the Director of the Sts. Cyril and Athanasius Institute for Orthodox Studies in San Francisco. His books include Ireneus on Creation: The Cosmic Christ and the Saga of Redemption and Of God and Man: Theology and Anthropology from Ireneus to Athanasius.

128 pages, paperback, \$12

Digital edition: \$9.99



ISBN 978-1-887904-29-2



Father Seraphim Rose

His Life and Works

By Hieromonk Damascene

When I became a Christian I voluntarily crucified my mind, and all the crosses that I bear have been only a source of joy for me. I have lost nothing, and gained everything.

—Fr. Seraphim Rose

The epic biography of Fr. Seraphim tells the unique story of a man who, having grown up in a typical American home in Southern California, became one of the greatest teachers of Orthodox Christianity in our times, loved and revered throughout Russia and Eastern Europe.

Quoting at length from his letters, journals, manuscripts, recorded lectures, and published writings, this book traces Fr. Seraphim's intense search for truth and his philosophical development, setting forth his message and offering a glimpse into the soul of a man who lived, even while on this earth, in the Kingdom of God.

This new biography of Fr. Seraphim Rose is an outstanding portrait of an American convert to Orthodoxy, who, having found the fulfillment of his life in the Orthodox Church, paved the way for thousands of others to follow him. This excellent book is both a challenge and an inspiration to all who are searching for intellectual and spiritual integrity, not only in word and thought, but as a whole way of life.

—Metropolitan Jonah, chief hierarch of the Orthodox Church in America

This new version of Fr. Seraphim's life incorporates years of new research and includes much material, written by Fr. Seraphim and others, that has never been published before. Already translated into Greek, Russian, Romanian, Serbian, and Bulgarian, the book has become a favorite of Orthodox Christians around the world.

1,144 pages, illustrated, paperback, \$29

Digital edition: \$21

ISBN 1-887904-07-7

NEW SECOND EDITION

Genesis, Creation, and Early Man

Compiled posthumously from a rich array of materials left behind by Fr. Seraphim, this book presents the timeless teaching of the Orthodox Church—as found in her Holy Scriptures and the writings of her Holy Fathers—on the events of creation, the first-created world, the natures of created things, the original nature of man, the cosmic consequences of man's fall, and the early history of mankind.

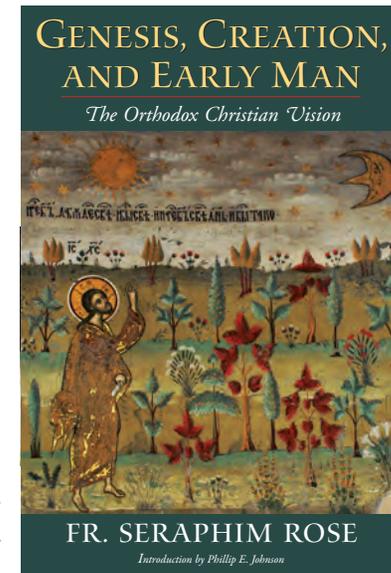
A presentation of the traditional, Patristic understanding of Genesis, which at the same time bravely exposes the lie of the modern philosophy of evolution. This is a vital, pathfinding work, which can serve as a true foundation for all sides in future discussions.

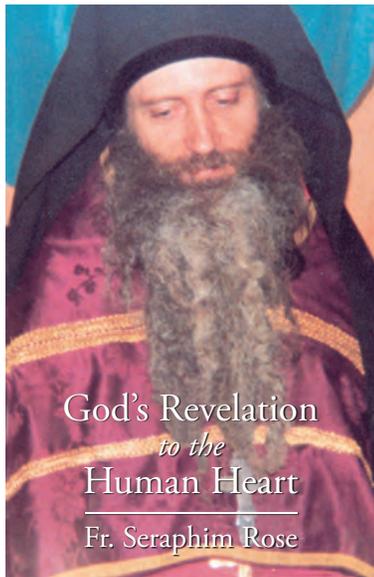
—His Eminence Metropolitan Joseph, Bulgarian Eastern Orthodox Diocese of the USA, Canada, and Australia

The second edition contains much new material, including an updated preface outlining new developments in the creation/evolution debate, such as the rise of the intelligent design movement in the West and the defense of the Orthodox Patristic teaching on creation by theological writers and scientists in Russia; explanatory notes on many topics pertaining to Genesis and creation, with further quotations from the Holy Fathers and extensive references to Patristic works; an article detailing the Scriptural-Patristic teaching on the incorruption of man and the cosmos before the fall, and demonstrating how this is inextricably tied to the Church's teaching on our redemption by Christ and on creation's redeemed state beyond the general resurrection; and critiques of the modern philosophy of evolution by saints and holy elders, as well as by Orthodox scientists working in the fields of biology and geology.

1,144 pages, illustrated, paperback, \$35

ISBN 978-1-887904-25-4





God's Revelation to the Human Heart

What does man seek in religion, and what *should* he seek in it? How does God reveal Himself in order to bring man to a knowledge of the Truth? How does suffering help this revelation to occur?

These and other questions were discussed by Fr. Seraphim Rose during a lecture he gave at the University of

California, Santa Cruz, in 1981. The contents of this lecture comprise the present book, which includes Fr. Seraphim's answers to questions asked by the university students.

It is in accepting given situations, which requires a loving heart, that one encounters God. This loving heart is why anyone comes to a knowledge of the truth, even though God sometimes has to break down and humble a heart to make it receptive—as in the case of the Apostle Paul, who at one time was breathing fire against and persecuting Christians. But to God, the past, present and future of the human heart are all present, and He sees where He can break through and communicate.

—an excerpt from *God's Revelation to the Human Heart*

Drawing from a variety of sources—the Holy Scriptures, patristic writings, the Lives of saints both ancient and modern, and accounts of persecuted Christians behind the iron curtain—Fr. Seraphim goes to the core of all Christian life: the conversion of the heart of man, which causes it to burn with love for Christ and transforms him into a new being.

God's Revelation to the Human Heart is an excellent introductory book to Orthodox Christianity.

52 pages, paperback, \$5

ISBN 978-0-938635-03-1

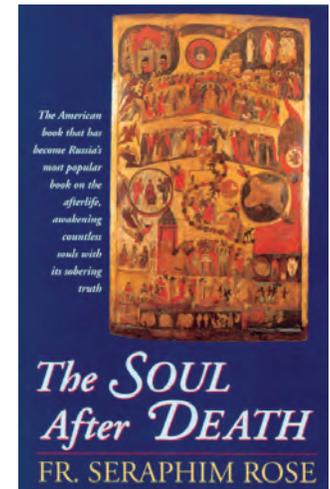
The Soul After Death

The Soul After Death is a comprehensive presentation of the 2,000-year-old experience of Orthodox Christianity regarding the existence of the other world, addressing present day “after-death” and “out-of-body” experiences, the teachings of traditional Eastern religions, and the ideas of more recent occult societies.

Principal teachings of Orthodox Christianity concerning the life of the soul after death are presented in a clear, concise manner, as taught by Church fathers and teachers throughout Christian history. *The Soul After Death* offers a sobering look at what we are all destined to experience.

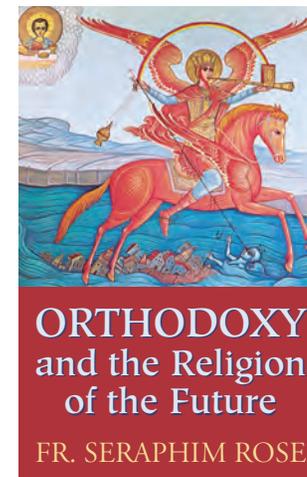
302 pages, paperback, \$9.95

ISBN 0-938635-14-X



Orthodoxy and the Religion of the Future

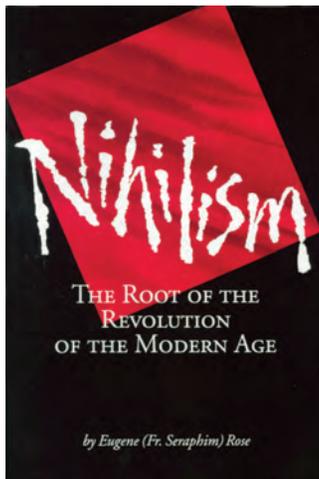
Orthodoxy and the Religion of the Future examines contemporary religious trends in the light of Orthodox teachings. Once considered fringe elements, these spiritual movements have become popular in the mainstream culture, promoting distorted and anti-Christian worldviews. Taken as whole, these movements are a symptom of the “new religious consciousness” that is preparing the world religion of the future. Phenomena such



as Yoga, Tantra, the charismatic movement, and UFOs are presented in contrast to the Orthodox patristic standard of spiritual life. Included in the fifth edition is an up-to-date epilogue that chronicles the signs of the religion of the future that have made their appearance since this book was first published.

256 pages, paperback, \$9.95

ISBN 1-887904-00-X



Nihilism

The Root of the Revolution of the Modern Age

In 1962, the young Eugene Rose (the future Fr. Seraphim) undertook to write a monumental chronicle of the abandonment of Truth in the modern age. Of the hundreds of pages of material he compiled for this work, only the present essay has come down to us in completed form. Here Fr. Seraphim reveals the core of all modern thought and life—the belief that all truth is relative—and

shows how this belief has been translated into action in our times. It clearly explains why contemporary ideas, values, and attitudes—the “spirit of the age”—are shifting so rapidly in the direction of moral anarchy, as the philosophy of Nihilism enters more deeply into the fiber of society. Nietzsche was right when he predicted that the twentieth century would usher in “the triumph of Nihilism.”

128 pages, paperback, \$9

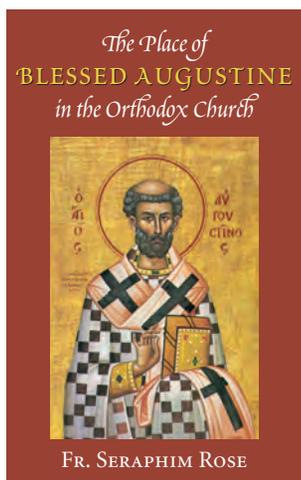
ISBN 1-887904-06-9

The Place of Blessed Augustine in the Orthodox Church

Fr. Seraphim’s defense of the early Western Father Blessed Augustine examines the saint’s strengths and weaknesses, showing that his deeply Christian heart and soul earn him a place among the Fathers.

This edition contains letters written by Fr. Seraphim concerning Augustine, passages from Augustine’s *Confessions* which Fr. Seraphim found especially moving, and an Orthodox service to Blessed Augustine, commissioned by St. John of Shanghai and San Francisco.

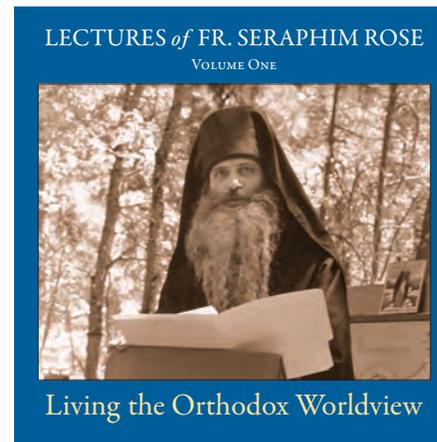
144 pages, illustrated, paperback, \$10



ISBN 978-0-938635-12-3

Living the Orthodox Worldview

Lectures of Fr. Seraphim Rose
Volume One



Living the Orthodox Worldview is a recording of a lecture given by

Fr. Seraphim Rose at the 1982 St. Herman Pilgrimage—on an outdoor platform, under a canopy, surrounded by an oak and pine forest, amidst foraging deer, gray squirrels, and peacocks.

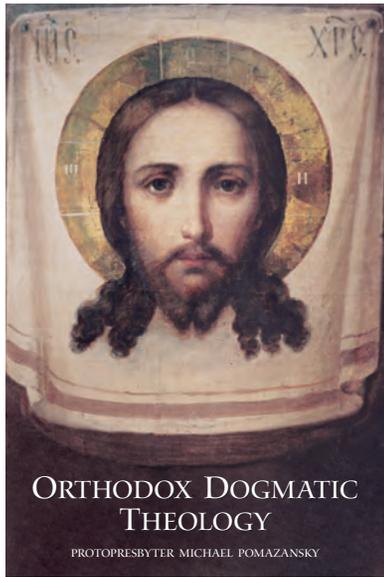
It was the final pastoral talk of Fr. Seraphim’s life—the fruit of his spiritual growth as an Orthodox Christian and his matured outlook as an Orthodox pastor. It contains many of the themes that he emphasized during the final years of his life: the need to have one’s Orthodox faith enter into and transform the whole of one’s life; the need to cultivate a loving, merciful, and forgiving heart; the need to have a conscious Orthodox faith, an Orthodox worldview, so that one will not be easily influenced by worldly ways of thinking and behaving; the need to be down-to-earth and at the same time to have one’s heart in the other world with Christ; the need to nourish oneself with the divine services, the Holy Mysteries, the Holy Scriptures, the Lives of saints, and the writings of the Holy Fathers; the need to form the soul through the best artistic expressions of Christian culture; and finally, the need to take lessons from the experience of Orthodox Christians who suffered behind the iron curtain.

Orthodoxy is life. If we don’t live Orthodoxy, we simply are not Orthodox, no matter what formal beliefs we might hold.... The person with a truly Orthodox worldview lives every part of his life as Orthodox and Christian.

—an excerpt from *Living the Orthodox Worldview*

Living the Orthodox Worldview is the first in a series of digitally mastered audio recordings of talks by Fr. Seraphim.

Compact Disc, 71 minutes, 16-page, full-color liner notes, \$12



EXPANDED THIRD EDITION

Orthodox Dogmatic Theology

By Fr. Michael Pomazansky

Translated by
Fr. Seraphim Rose

Protopresbyter Michael Pomazansky's *Orthodox Dogmatic Theology* has long been regarded as a standard source of

Orthodox theology. Since its publication in Russian in 1963, it has been used as the main theology textbook of Holy Trinity Orthodox Seminary in Jordanville, New York; and since the publication of the first English edition in 1983, it has come to be regarded throughout the English-speaking world as one of the best introductory books on Orthodox theology.

Written clearly, simply and concisely, this modern-day classic is accessible not only to theology students but to contemporary laymen in general. As one deeply rooted in the tradition of the Orthodox Church, Fr. Michael quotes abundantly from the Holy Scriptures and the writings of the Holy Fathers, being concerned to present, not human opinions, but divine revelation, which has been handed down to us as the Church's certain, unchanging teaching.

EXPANDED THIRD EDITION: In the first English edition, Fr. Seraphim added many substantive footnotes in order to provide clarification on certain points or to introduce helpful information not included in the main text. In this third English edition, yet more notes have been added, primarily consisting of quotations from the Holy Fathers, in order to further elucidate Orthodox doctrines. This edition also includes a new preface, a new bibliography, and an expanded index.

436 pages, paperback, \$19.95

ISBN 978-0938635-69-7

The Orthodox Veneration of the Mother of God

By St. John Maximovitch

This concise work is a classic exposition of how the Church has venerated the Mother of God throughout the ages, and the chief errors that have attacked this veneration: both ancient heresies and the modern deviations of Western heterodoxy. It clearly tells why the Virgin Mary should be honored by all generations, but not considered a co-redemptress along with Jesus Christ, the only Savior of the world.

This book is of special value in that it was written by a saint and miracle-worker of modern times who had direct spiritual contact with the Mother of God. The sources of St. John's theology are the Holy Scriptures, the Holy Fathers (especially the great Fathers of the fourth and fifth centuries), and the divine services of the Orthodox Church.

88 pages, illustrated, paperback, \$9

Digital edition: \$6



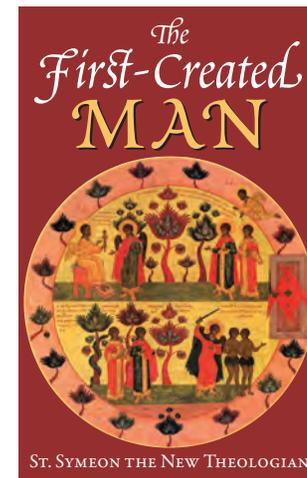
ISBN 978-1-887904-26-1

The First-Created Man

By St. Symeon the New Theologian

The First-Created Man is a collection of seven homilies which deal with Adam's fall and our redemption by Jesus Christ.

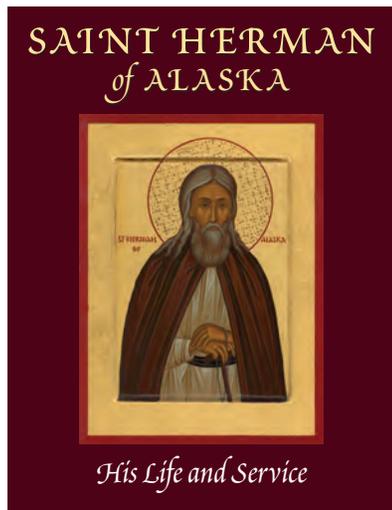
St. Symeon's profound homilies on Adam and the future age provide a theological foundation for the Christian life of struggle. The original state of man from which Adam fell tells of our deepest nature, of which our present fallen nature is a corruption that is to be overcome; and the future state of



blessedness is the goal to which our Christian struggle is aimed, and to which we can attain, by God's grace, despite our fallen state.

124 pages, illustrated, paperback, \$12

ISBN 978-0-938635-11-6



Saint Herman of Alaska

His Life and Service

INCLUDING NEWLY
FOUND INFORMATION
ABOUT ST. HERMAN

*What cavern of the earth, what lapse
of time, O holy father Herman, can
conceal thy glory which is in heaven?*

—from the Service to St. Herman

St. Herman of Alaska, America's first canonized saint, was an Orthodox Christian monk of holy life who lived in Valaam Monastery in north-western Russia. In 1794, along with nine other monastics, he was sent to Alaska to evangelize the natives there. In time St. Herman became the sole survivor of the original missionaries. Throughout his long life he cared for the natives of the Kodiak area, nursing them in their illnesses, educating them, and defending them from the abuse of the Russian fur-traders. By his meekness and firm faith he won the love and respect of all who came to know him, and inspired many to follow Christ. Eventually settling on nearby Spruce Island, he lived a mostly eremitic life, while also establishing an orphanage for the children of parents who had died during epidemics.

By the power of God, St. Herman was able to see into the hearts of others, as well as into the future. He worked miracles during his life, such as stopping a forest fire and a tsunami by his prayers. To this day he remains a wonderworker, healing the souls and bodies of those who ask for his intercessions before the throne of God.

Presented here is a Life of St. Herman, originally commissioned by Abbot Damascene of Valaam and incorporating the latest research on the saint's early years, as well as a complete Vigil Service to the saint, composed by the St. Herman of Alaska Brotherhood and Archbishop Alypy (Gamanovich) of the Russian Orthodox Church Outside of Russia.

48 pages, large format, paperback, \$9

ISBN 978-1-887904-18-6

Father Herman: Alaska's Saint

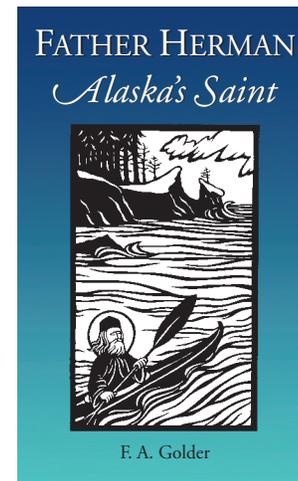
By F. A. Golder

In 1794 a group of Russian missionaries from from Valaam Monastery arrived in Kodiak, Alaska. For the next forty years one member of their party would remain, enduring hunger, cold, and mockery. Today he is universally recognized as a saint of the Orthodox Church: St. Herman of Alaska (1751–1836).

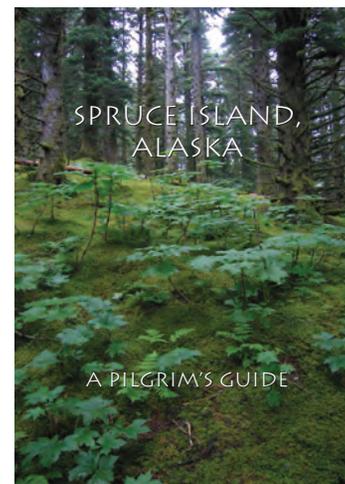
The present volume contains F. A. Golder's Life of St. Herman and a collection of the saint's miracles, spanning the time from his repose to the present day. Included is a contemporary pilgrim's description of Spruce Island, the site of St. Herman's labors, miracles, and repose.

72 pages, illustrated, paperback, \$8

ISBN 1-887904-03-4



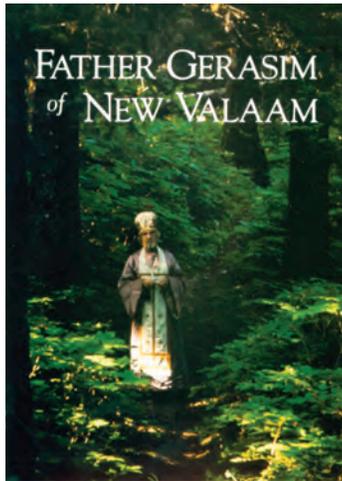
Spruce Island, Alaska: A Pilgrim's Guide



Hundreds of pilgrims come to Spruce Island each year to visit St. Herman's grave, drink from his holy spring, and ask his intercession before the Lord. *Spruce Island, Alaska: A Pilgrim's Guide* is the first full-color guide to St. Herman's beloved isle. It includes pictures and descriptions of all the holy sites on Spruce Island, a brief history of the Russian Mission to Alaska, and a brief Life of St. Herman. It is an indispensable guide for those planning a trip to Spruce Island or for those who want to know more about America's first saint.

48 pages, full color throughout, paperback, \$8

ISBN 978-1-887904-15-5



Father Gerasim of New Valaam

By R. Monk Gerasim

*"A monk like me, fleeing the glory of men,
will come and live on Spruce Island."*

—St. Herman of Alaska (†1836)

This prophecy was fulfilled one hundred years later in the person of Fr. Gerasim (Schmaltz) (1888–1969), who lived in the secluded forest at Monk's Lagoon on

Spruce Island, Alaska, for thirty years, praying alone for the world.

Father Gerasim of New Valaam includes a preliminary Life of this righteous desert-dweller, together with selections from his letters and three of his articles, all of which are largely autobiographical. From his words there emerges the portrait of a warm, loving and endearing man, close to God's creation. At the same time, we see him as a bearer of the holy tradition of Optina Monastery in his native Russia, and a true knower of God to whom contact with the other world was a common reality.

112 pages, illustrated, paperback, \$5

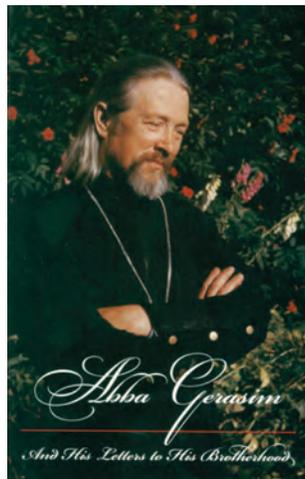
ISBN 0-938635-29-8

Abba Gerasim

And His Letters to His Brotherhood

Father Gerasim, the desert-dweller chosen by St. Herman of Alaska to revive his monastic "heavenly abode," left an abundance of letters, which serve as a testament of his solitary life on New Valaam—Spruce Island, Alaska. These letters remain now as a document of the severe ascetic life of a desert-dweller in modern America. His words reveal that he knew God through a life of struggle and prayer, of constantly "standing before God."

240 pages, illustrated, paperback, \$10



ISBN 0-938635-82-4

Father George Calciu: Interviews, Homilies, and Talks

Fr. George Calciu (1925–2006) was one of the great confessors of Christianity in the twentieth century. Having survived the diabolic prison experiments of Communist Romania, Fr. George went on to become an apostle to spiritual seekers in Romania and, eventually, throughout the world. He was able to speak authoritatively of God's love and forgiveness, because of his own experience of God's mercy. As a priest in America, Fr. George maintained a strict ascetic life of fasting and prayer, while at the same time pastoring his flock as a joyful and loving father.

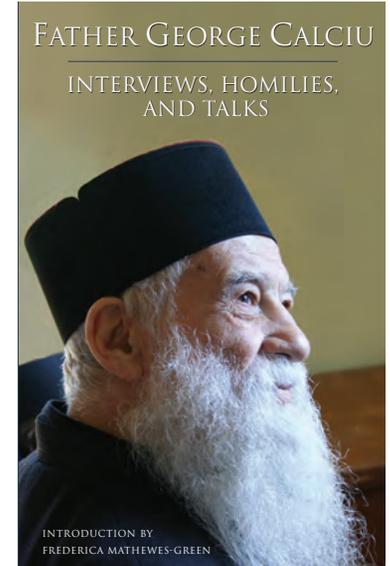
In this book we present a collection of his interviews, homilies, and talks. In them, Fr. George shares his thoughts on his imprisonment, prayer, his own experience of God's Uncreated Light, and the Orthodox Christian's battle against temptations in America. Included in this volume are the "Seven Homilies to the Youth" that he gave in Bucharest in 1978. These homilies, in which he fearlessly called Romanian youth to turn from atheism and materialism to Christ, led to his second imprisonment by the Communist regime. Here, as in his other writings and talks, the common thread of God's mercy and forgiveness is woven into the fabric of man's need for repentance and union with his Creator.

As Fr. George blessed so many during his lifetime, his words in this book will bless thousands more, leading, instructing, and confirming them in the faith of Christ, for he loved Christ above all.

—Frederica Mathewes-Green

392 pages, illustrated, paperback, \$19

ISBN 978-1-887904-21-6





Shepherd of Souls

The Life and Teachings of Elder Cleopa

By Archimandrite Ioanichie Balan

Fr. Cleopa was one of the great contemporary elders of Romania. A strict ascetic, he came to the knowledge of God through the constant labor of interior prayer. He changed the lives of thousands of people through his spiritual counsels. At the time of his death in 1998, he was the spiritual father of all Romania.

232 pages, 65 illustrations, paperback, \$12

ISBN 1-887904-04-2

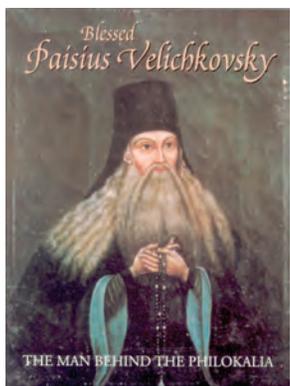
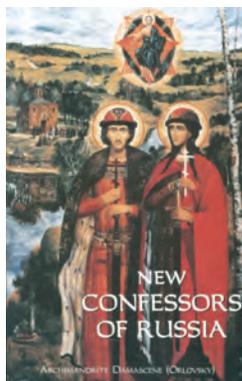
New Confessors of Russia

By Archimandrite Damascene (Orlovsky)

Presented here are the lives and sufferings of twenty new confessors and martyrs of the Communist yoke. Compiled from eyewitness accounts and verified with recently opened KGB files, these Lives open a window on the recent heroes of the Church.

432 pages, illustrated, paperback, \$19

ISBN 1-887904-34-4



Blessed Paisius Velichkovsky

The Man Behind the Philokalia

As a young monk, St. Paisius Velichkovsky (1722-1794) was led to Mount Athos, where he rediscovered the teachings of the Holy Fathers on the spiritual life and especially the Jesus Prayer. His work in disseminating these teachings, and in putting them into practice in monasteries in Romania, led to a spiritual revival throughout the Orthodox world.

*299 pages, illustrated, paperback, \$17
hardbound, \$25*

ISBN 0-938635-13-1

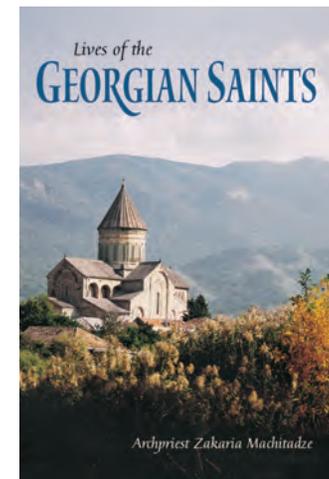
Lives of the Georgian Saints

By Archpriest Zakaria Machitadze

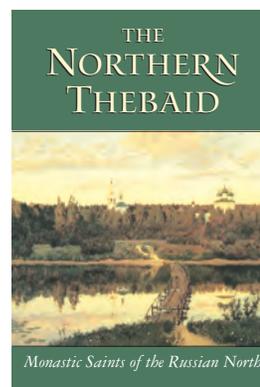
Since the time of the ancient Greek historians, Georgia has been viewed as an enigma hidden behind impenetrable mountains and a complex language. Little has been written in English about this small country and its saints. Now, the entire collection of the Lives of the Georgian saints has been translated for the first time into English. These Lives encompass the seventeen hundred years of Orthodox Christianity in Georgia. The stories of ascetics and bishops, warriors and kings are intertwined with the tumultuous history of the Georgian land. Beside these Lives, the magnificent culture of Georgia is presented in full-color photographs of icons, churches and landscapes.

506 pages, full color throughout, hardbound, \$29

ISBN 978-1-887904-10-0



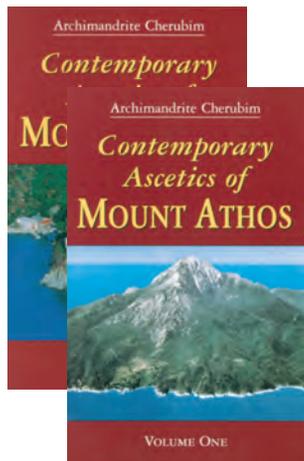
The Northern Thebaid



In third- and fourth-century Egypt, the Thebaid desert became a center of monastic life. A thousand years later, monks and nuns fled to the wilderness of northern Russia to live the ascetic life. This volume presents the Lives of twelve of these saints. Featuring an introduction by I. M. Kontzevitch and a preface and epilogue by Fr. Seraphim Rose, this edition is a facsimile of the original edition, which was hand-printed by Fr. Seraphim and his monastic brothers in the forests of northern California.

302 pages, illustrated, paperback, \$17

ISBN 0-938635-37-9



Contemporary Ascetics of Mount Athos

Volumes One and Two

By Archimandrite Cherubim

These two volumes present the Lives and spiritual teachings of ten Athonite elders of recent centuries, who, although differing greatly from each other in their backgrounds, characters, and ways of life, all bore the

evident seal of the presence of the Holy Spirit in their hearts, testifying to a troubled world that the purpose of man's existence is union with God.

The author, Archimandrite Cherubim Karambelas (†1979), lived on Mount Athos in his youth, and searched out firsthand sources and living witnesses for information on these elders.

Volume I: 368 pages, illustrated, paperback, \$17

Volume II: 356 pages, illustrated, paperback, \$17

Volume II: hardbound, \$30

ISBN 0-938635-50-7

ISBN 0-938635-56-5

ISBN 0-938635-57-3

Maria of Olonets

By Bishop Nikodim of Belgorod

In the first half of the nineteenth century, the Russian land was rich in dense woods and forests, in which the sound of the axe was rarely heard. In tiny hermitages, monastics labored for God in anonymity, coming to the knowledge of God and acquiring the grace of the Holy Spirit. *Maria of Olonets* offers an extraordinary account of one woman's solitary struggle in the Russian forests. Maria's life is a witness to the reality of Christ's otherworldly kingdom.

112 pages, illustrated, paperback, \$8.95

ISBN 0-938635-74-3



Great-Martyr Tsar Lazar of Serbia

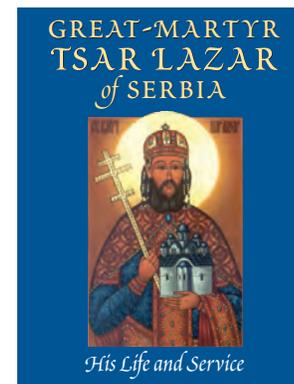
His Life and Service

Great-Martyr Tsar Lazar (1329–1389) was a shining beacon in the history of the Serbian nation. He ruled the kingdom of Serbia, which was united by him, at a most pivotal moment in history. At a time when the Muslim armies were threatening to overrun all of Europe, this truly valiant leader, having been inspired by an angelic vision, sacrificed himself and his army at the fateful battle of Kosovo, on June 15, 1389. Choosing the heavenly kingdom over the earthly one, he and his army went to victorious martyrdom.

This large-format book, printed in two colors and suitable for use in church, contains the Life of this Great-Martyr and a complete Vigil Service to the saint, translated from Church Slavonic.

56 pages, illustrated, paperback, \$9

ISBN 0-938635-80-8



Salt of the Earth

By Priest Paul Florensky

He turned everything upside down and in such a way that it was impossible to find one ounce of self-will or anything ostentatious. His simplicity was an irony and his irony was simplicity itself.

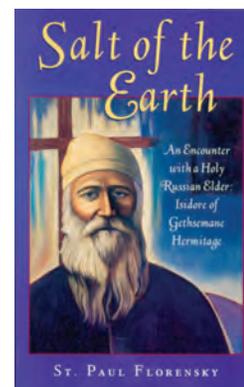
—An excerpt from *Salt of the Earth*

Salt of the Earth is the heartwarming biography of Hieromonk Isidore (1814–1908), the great elder of Gethsemane Skete in Russia.

Radiant with Christ-like love and childlike simplicity, Elder Isidore lived in another world, yet kept both feet firmly planted on the ground. He was one of those whom Christ called *the salt of the earth* (Matt. 5:13)—a repository of the savor of ancient Christianity.

176 pages, illustrated, paperback, \$9

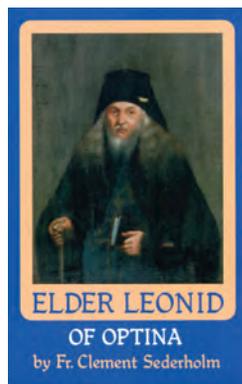
ISBN 0-938635-72-7



Elder Leonid of Optina

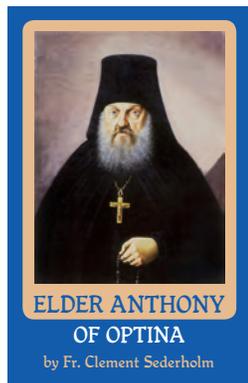
Possessing penetrating spiritual discernment, Elder Leonid (1768–1841) introduced and firmly established in Optina the ancient tradition of eldership transmitted through St. Paisius Velichkovsky—a tradition founded on the Holy Scriptures and the teachings of the Holy Fathers. Also included in this volume is the Life of Elder Leonid’s preceptor, Elder Theodore of Svir.

272 pages, illustrated, paperback, \$12



ISBN 0-938635-66-2

Elder Anthony of Optina



The natural brother and co-laborer of Elder Moses, a humble ascetic and man of prayer, Elder Anthony (1795–1865), was the first superior of the Optina Skete of St. John the Forerunner, which he guided for 14 years. Enduring excruciating physical ailments, he acquired perfect spiritual freedom through the careful guarding of his soul and the humble acceptance of God’s providence. This second edition contains a biography of the author, Fr. Clement Sederholm.

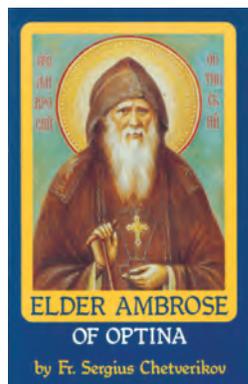
272 pages, illustrated, paperback, \$14

ISBN 978-0-938635-51-2

Elder Ambrose of Optina

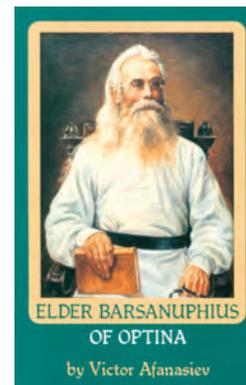
Elder Ambrose (1812–1891) is considered the pinnacle of Eldership in Optina. He embodied the virtues of all the elders in the highest degree—divine humility, purity of mind and heart, overflowing love, and total self-sacrifice for the salvation of his fellow man. So great were his gifts that hundreds of people flocked daily to his humble cabin at Optina, including the writers Dostoyevsky, Tolstoy, and Leontiev.

472 pages, illustrated, paperback, \$17



ISBN 0-938635-60-3

Elder Barsanuphius of Optina



The teachings of Elder Barsanuphius (1845–1913) are some of the most important recent counsels for contemporary man. Like Elder Porphyrios and Elder Paisios of Mount Athos, Fr. Barsanuphius deeply understood the problems of modern society. At the age of forty-five, having left behind a successful military career, he came to Optina Monastery, where he quickly attained the grace of God. Drawing on his many experiences in the world and his divinely inspired wisdom, the elder was able to counsel people from all walks of life through his absorbing teachings and stories.

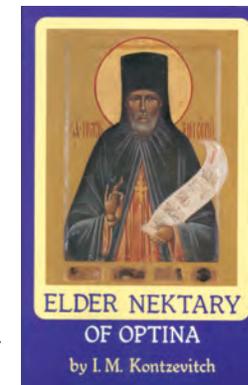
840 pages, illustrated, paperback, \$23

ISBN 0-938635-61-1

Elder Nektary of Optina

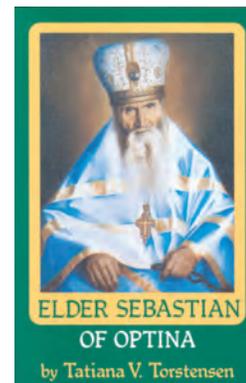
Elder Nektary (1853–1928) was the last elder to function as such at Optina. As a young monk he received spiritual guidance from Elder Ambrose. He was in Optina when it was forcibly closed by the Communists in 1923, and spent his remaining years in exile from his spiritual home. At that time of immeasurable sorrow for Christian believers, God gave Elder Nektary to Russia as a consoler of souls and a voice of prophecy.

520 pages, illustrated, paperback, \$19.00



ISBN 0-938635-59-X

Elder Sebastian of Optina



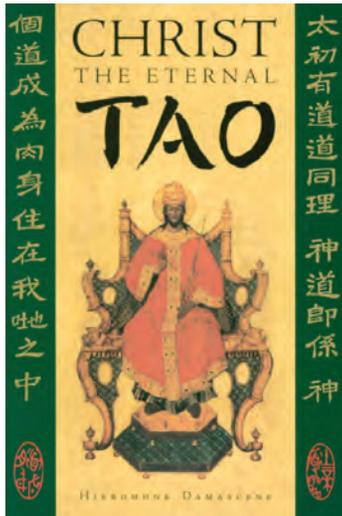
The life of Elder Sebastian (1884–1966) was that of a long-suffering, quiet bearer of the vision of the Optina monastic tradition—destined to preserve Optina eldership through decades of Communist persecution of the Church. After the closure of Optina Monastery in 1923, he suffered arrest and imprisonment by the Communists in 1933, and was sentenced to ten years in the Karaganda concentration camps of Kazakhstan.

496 pages, illustrated, paperback, \$19

ISBN 0-938635-62-X

Christ the Eternal Tao

By Hieromonk Damascene



Not until now has the ancient wisdom of Lao Tzu been presented alongside the otherworldly revelation of Jesus Christ in a way that encompasses the full significance of both. Avoiding the common pitfalls of religious syncretism, *Christ the Eternal Tao* shows Lao Tzu's *Tao Teh Ching* as a foreshadowing of what would be revealed by Christ, and Lao Tzu himself as a Far-Eastern "prophet" of the Incarnate God.

Inspired by Fr. Seraphim Rose's early studies of the *Tao Teh Ching*, this book draws from the unpublished translations and teachings of Fr. Seraphim's Chinese Philosophy teacher, Gi-ming Shien, in

order to uncover the inner meaning of the *Tao Teh Ching*. Then, through the transmission of holy teachers of the ancient Christian East, Lao Tzu's teaching is brought into a new dimension, exploding with new meanings.

Part I contains a "New Testament" of the *Tao Teh Ching*, which looks at Christ through the eyes of Lao Tzu and presents the Gospel in Lao Tzu's own intriguing way. Part II unfolds the history of the revelation of God, from the creation of man, through the fall, primordial civilization, Lao Tzu, Confucius, and the ancient Hebrews, and finally to God's Incarnation in Jesus Christ and His ultimate revelation of His Being as Three Persons. Part III offers practical advice from Eastern Orthodox teachers on how to unite oneself to Christ the Incarnate Tao/Logos and acquire His divine grace.

Much more than a mere study in comparative religion, *Christ the Eternal Tao* uses Lao Tzu's intuitive realizations as a springboard by which to catapult the spiritual seekers of our day all the way into the mystical depths of Eastern Orthodox Christianity.

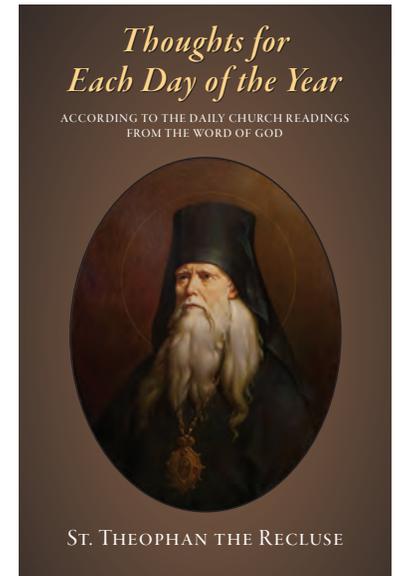
552 pages, illustrated, paperback, \$19

ISBN 1-887904-23-9

Thoughts for Each Day of the Year

According to the Daily Church Readings from the Word of God

By
St. Theophan the Recluse



St. Theophan the Recluse (1815–1891) was one of the most prolific and beloved spiritual writers of nineteenth-century Russia. Although he lived the last twenty-eight years of his life as a hermit, his impact on his homeland was immense. His articles appeared in the popular spiritual journals of his time, his books were in great demand, and he personally replied to an average of thirty letters a day.

In the present book, *Thoughts for Each Day of the Year*, St. Theophan takes us through the yearly cycle of Gospel and Epistle readings, humbly and reverently offering us brief but powerful daily meditations on the word of God. He also addresses the problems of his day—lack of faith, coldness of heart, trust in the rational mind rather than in the revealed Truth of God—which are the problems of our day as well.

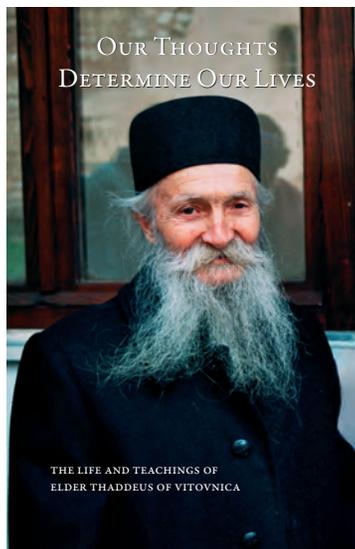
Contemplating the sacred texts together with St. Theophan, the reader will learn to penetrate more deeply into Holy Scripture, and will receive answers to many dogmatic, moral, and spiritual questions which touch upon our salvation. *Thoughts for Each Day of the Year* can help us to more closely connect our lives with the life of Christ in His Holy Church, and to gain a better knowledge of how to fulfill His commandments. By reading St. Theophan's daily exhortations and taking them to heart, one can be transformed by the grace-filled power of our Savior.

312 pages, paperback, \$18

ISBN 978-1-887904-22-3

Our Thoughts Determine Our Lives

The Life and Teachings
of Elder Thaddeus of Vitovnica



Love little things, and strive for that which is modest and simple. The Lord watches over us, and He is pleased that you long for His peace. Until the soul is ready, He will only sometimes allow us to see that He is present everywhere and fills all things. At these moments the soul feels such joy!... But then the Lord conceals Himself from us again, in order that we might long for Him and seek Him with our hearts!

—Elder Thaddeus of Vitovnica

Elder Thaddeus of Vitovnica was one of the most renowned spiritual guides of Serbia in the twentieth century. As a novice he lived in obedience to Elder

Ambrose of Miljkovo Monastery, a disciple of the Optina Elders. From him Fr. Thaddeus learned the Prayer of the Heart and the selfless love that came to characterize his whole ministry to the suffering Serbian people.

Born in 1914, Elder Thaddeus lived through all the suffering endured by Serbia in the twentieth century. Over the course of two world wars, during the Communist takeover, and through the NATO bombings of 1999, he co-suffered with his people. He taught, counseled, and prayed for all who came to him in pain and sorrow. His words of love and hope provided spiritual balm for people from all classes of society.

In 2002 Elder Thaddeus reposed, leaving behind a large collection of his teachings, preserved by his faithful spiritual children. His life, teachings, and spiritual conversations are here presented for the first time in English.

216 pages, paperback, \$15
Digital edition: \$9.99

ISBN 978-1-887904-19-3

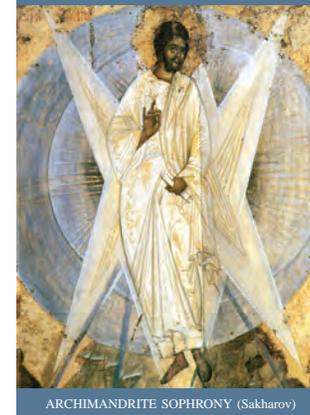
We Shall See Him as He Is

By Archimandrite Sophrony (Sakharov)

In this book, Fr. Sophrony (1896–1993), one of the most beloved Orthodox Christian elders of our times, revealed to the world his own experience of union with God, and the path to that union. In his youth he passed through the temptations of the world, including the practice of Eastern religions. Bitterly repenting, he returned to the Orthodox Faith, and eventually left for Mount Athos, where he spent fifteen years in a monastery and a further seven as a hermit. It was under the guidance of St. Silouan of Mount Athos that Fr. Sophrony experienced divine illumination, knowing God intimately as Personal Absolute—as the One Who revealed Himself to the Prophet Moses as “I AM” and Who became incarnate as man in Jesus Christ.

238 pages, paperback, \$15

WE SHALL SEE HIM
AS HE IS

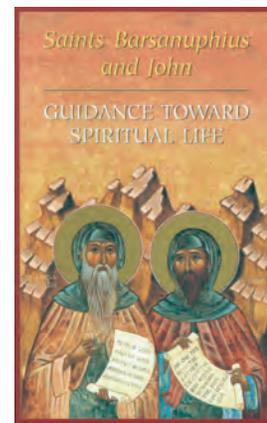


ARCHIMANDRITE SOPHRONY (Sakharov)

ISBN 978-1-887904-13-1

Guidance Toward Spiritual Life

By Saints Barsanuphius and John

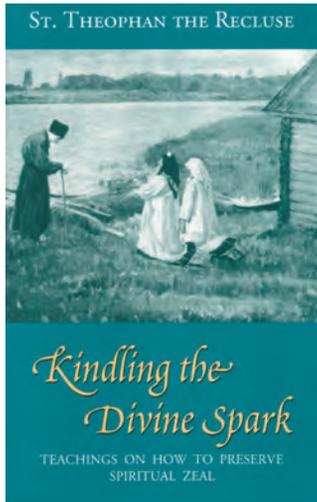


With the practical aim of guiding brothers at his monastery in the wilderness of northern California, Fr. Seraphim Rose set out to select and translate these counsels of Saints Barsanuphius the Great and John the Prophet, Desert Fathers of sixth-century Palestine. Fr. Seraphim found that many of the questions posed to Saints Barsanuphius and John in *Guidance Toward Spiritual Life* are not unlike

those asked by Christian strugglers of today; and the answers of the Elders cut right through common fantasies and misconceptions. *Guidance Toward Spiritual Life* includes the Life of Saints Barsanuphius and John by St. Nicodemus of the Holy Mountain, as well as selected passages from the *Spiritual Homilies* of St. Macarius the Great of Egypt.

184 pages, illustrated, paperback, \$12

ISBN 0-938635-84-0



Kindling the Divine Spark

By St. Theophan the Recluse

St. Theophan the Recluse (1815–1894) lived a solitary life of prayer for twenty-eight years, during which time he enlightened believers throughout Russia with his books and letters of spiritual counsel.

The teachings in this volume examine many essentials of the spiritual life, including how the heart is purified, inner suffering, spiritual zeal, how to train oneself to pray, and mystical union with the Lord.

St. Theophan had the exceptional gift of being able to encourage all, no matter where they were on the spiritual path, to go further in their struggle against the passions and toward everlasting union with Christ.

160 pages, illustrated, paperback, \$9.95

ISBN 0-887904-38-7

Letters to a Beginner

By Abbess Thaisia of Leushino

Originally written as a guidebook for women monastic aspirants, *Letters to a Beginner* has inspired many with its clear and heartfelt teachings on prayer and dedicating one's life to God.

Abbess Thaisia (†1915), a spiritual daughter of the Russian luminary St. John of Kronstadt, was herself an outstanding spiritual guide renowned throughout Russia. This book of her letters was so popular and beneficial for those leading a spiritual life in pre-revolutionary Russia that it was reprinted numerous times and distributed to all monasteries and many parishes.

112 pages, illustrated, paperback, \$8.95

ISBN 0-938635-43-3



The Forgotten Medicine

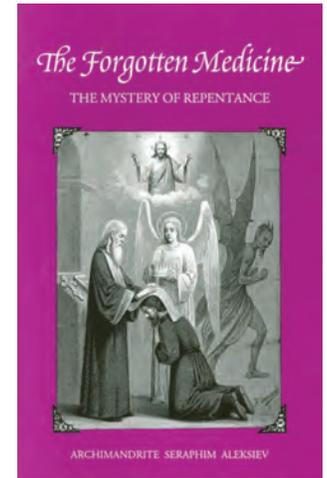
The Mystery of Repentance

By Archimandrite Seraphim Aleksiev

In this classic primer on Confession, Fr. Seraphim Aleksiev (1912–1993) discusses the importance of repentance in the life of every Orthodox Christian. In practical terms he explains how to prepare for Confession, how to confess, and what to do after receiving absolution. *The Forgotten Medicine* is an excellent book for all those who feel awkward in coming to Confession, as well as for those who desire to delve more deeply into the mystery of repentance.

72 pages, illustrated, paperback, \$5

ISBN 0-938635-49-4



The Meaning of Suffering AND Strife & Reconciliation

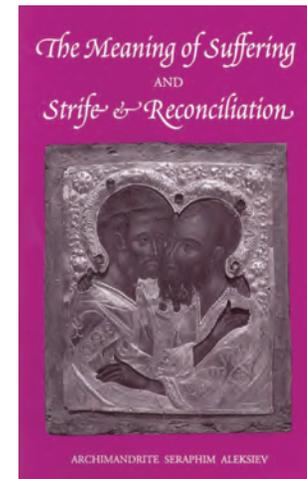
By Archimandrite Seraphim Aleksiev

Where have we gone wrong, so that we seem to suffer meaninglessly? Archimandrite Seraphim answers this question with penetrating clarity and with a compassion that warms the heart, helping us to come to the point where “quiet hope has taken the place of the bitter despair of suffering, and suffering is not unbearably heavy anymore, because it gives birth to sweet fruit.”

The Meaning of Suffering and Strife & Reconciliation are presented in one volume as a sequel to *Forgotten Medicine*. These books reflect a depth of insight and experience which can touch the souls of all those in the world today who are hungry for God—written by an outstanding contemporary pastor, spiritual writer, and theologian.

112 pages, illustrated, paperback, \$8.95

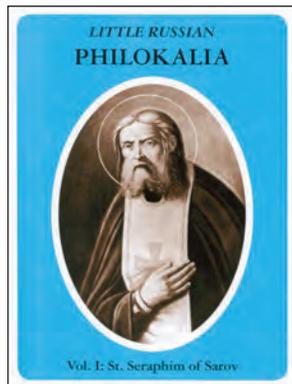
ISBN 0-938635-86-7



Volume I: St. Seraphim of Sarov

My joy, I beg you, acquire the Spirit of Peace. That means to bring oneself to such a state that our spirit will not be disturbed by anything. For one must go through many sorrows to enter the Kingdom of Heaven. This is the way all righteous men were saved and inherited the Heavenly Kingdom....

—St. Seraphim
from his conversation with N. Motovilov

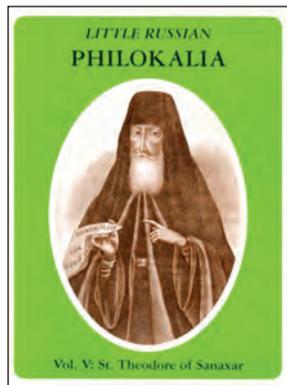


St. Seraphim of Sarov (1754–1833) is one of Russia's best-loved saints, a heavenly man overflowing with Christ-like love, to whom the mysteries of the other world were open. He taught that the main aim of Christian life is to acquire for oneself the Spirit of God.

This volume contains the Life of St. Seraphim, his spiritual instructions, his soul-saving conversation with Nicholas Motovilov, "On the Acquisition of the Holy Spirit," and his prophetic "Great Diveyevo Mystery"—which, until the publication of this book, had never been revealed in the English language.

160 pages, illustrated, paperback, \$12

ISBN 978-0-938635-30-7



Volume V: St. Theodore of Sanaxar

Elder Theodore, a great Russian luminary of the eighteenth century, was born into a noble family in 1719. He served in the elite Preobrazhensky Regiment in St. Petersburg and was personally known to Empress Elizabeth Petrovna. However, shaken by the sudden death of one of his companions, he abandoned his life of ease and advantage and fled to the wilderness to take up a life of repentance and prayer.

This book contains the Life of the Elder, his spiritual counsels to the monks and nuns under his direction, a number of his letters, the monastic rule of Sanaxar Monastery, and a firsthand account of his canonization.

192 pages; illustrated, paperback, \$12

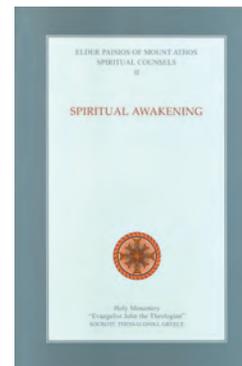
ISBN 0-938635-34-4

Elder Paisios of Mount Athos

Elder Paisios (1924–1994) is one of the most loved and revered elders of our times. Living as a monk in the ancient monastic republic of Mount Athos, Greece, he lived in the Kingdom of God even while on earth, and received many heavenly visitations. He lived in obscurity, giving himself over entirely to God, and God gave him to the whole world. During the last fifteen years of his life, he spent his nights in prayer and his entire days assuaging human pain and spreading divine consolation.

VOLUME II:

SPIRITUAL AWAKENING



In this volume of his counsels, Elder Paisios deals with the theme of constant vigilance and readiness, preparing us for difficult situations and conditions of life. Some of the subjects included are "The Responsibility of Love," "Struggle and Devoutness," "Spiritual Bravery," "Dependence upon Heaven," and "Spiritual Weapons."

424 pages, paperback, imported from Greece, \$35

Epistles

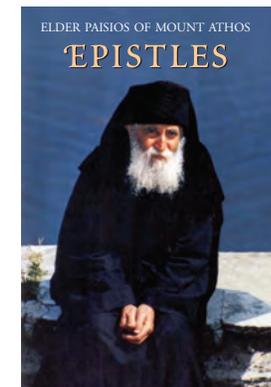
By Elder Paisios of Mount Athos

The Epistles collected in this volume were addressed to the abbess and sisters of the Holy Monastery of St. John the Theologian in Souroti (Thessalonica), Greece, where Elder Paisios is buried. Although these Epistles were written to monastics, the counsels contained in them can be of inestimable benefit to everyone.

Elder Paisios' Epistles constitute a handbook of Orthodox spiritual life. The God-inspired discernment of the Elder, together with his profound and all-consuming love for God and man, emerges from each line. His words powerfully touch the heart, kindling in it the same divine love that abundantly filled the Elder.

258 pages, illustrated, hardcover with dust-jacket, imported from Greece, \$26

NO ISBN



The Gurus, the Young Man, and Elder Paisios

By Dionysios Farasiotis

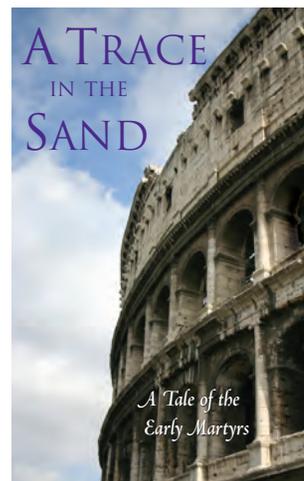
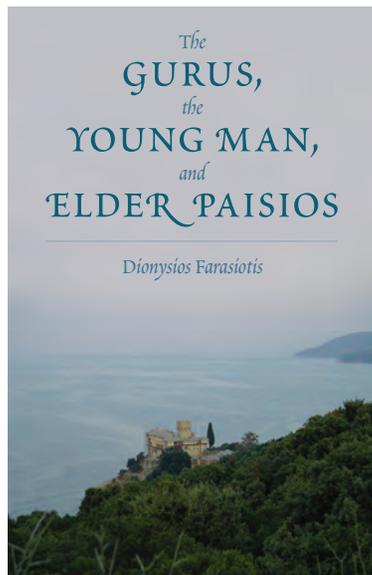
This powerful memoir tells the story of a Greek youth who, out of a desire to know the truth empirically, began to experiment with yoga, hypnotism, and various occult techniques. Eventually drawn back to the Faith of his forefathers—Orthodox Christianity—he visited the ancient monastic republic of Mount Athos in his native Greece, where he was brought to a knowledge of the Truth of Jesus Christ by the saintly Elder Paisios (1924–1994). Nevertheless, believing he had only found “part of the truth” on the Holy Mountain, he chose to give the “same opportunity” to Hindu yogis that he had given to Elder Paisios and other Orthodox monks. Thus, at the age of twenty-five, he embarked on a trip to India, where he undertook his search in the ashrams of three famous gurus, one of whom was worshipped as a god. His experiences in India, along with his subsequent encounters with Elder Paisios on Mount Athos, are recounted in the present book in vivid detail.

Popular in Greece since its first publication there in 2001, *The Gurus, the Young Man, and Elder Paisios* is a page-turning narrative of both outward adventures and inward struggles. What stands out most in this book, however, is the radiant image of Elder Paisios, possessed of divine gifts, laboring in prayer for his fellow man, and overflowing with unconditional love. Through this, one sees the uncreated Source of the Elder’s love and of the author’s spiritual transformation: the true God-man Jesus Christ, Who honors man’s personal freedom while drawing him, through love, into everlasting union with Himself.

312 pages, paperback, \$17

Digital edition: \$9.95

ISBN 978-1-887904-16-2



A Trace in the Sand

A Tale of the Early Martyrs

It is A.D. 274. Emperor Lucius Domitus Aurelianus rules the Roman Empire with the belief that no one is mightier than he and his gods. Kings tremble before him, and his subjects worship him as a new Jupiter, holding the lives of men and nations in his hand.

Alexamenos, the teenage son of the powerful Senator Poplius, wants to know what the purpose of his perfect life is. Handsome and rich, haughty and cruel, Alexamenos fears nothing and respects no one—until the day his life is saved by the slave boy Milvius. Finally, Alexamenos has met someone who possesses something that he cannot attain: an otherworldly peace.

A Trace in the Sand is a novel for young people originally published in the Greek language. It is a collaborative work by Orthodox Christians in Greece, where it has gone through seven editions.

192 pages, paperback, \$12

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The Purple Mantle

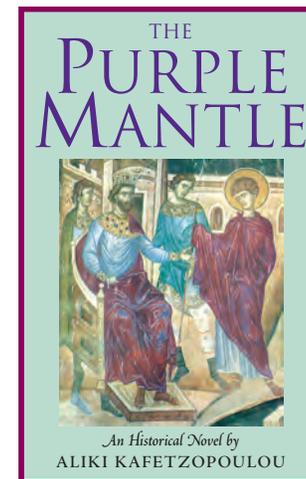
An Historical Novel

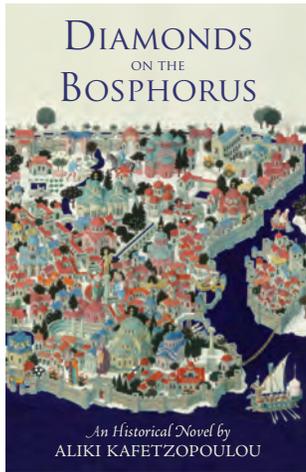
By Aliko Kafetzopoulou

Set in the Roman Empire during the reign of Emperor Diocletian, the notorious persecutor of Christians, *The Purple Mantle* is a moving story of faith and heroism amidst a society plagued by confusion and fear. Greek Orthodox author Aliko Kafetzopoulou has skillfully woven a rich historical tapestry full of spiritual depth, presenting a vivid picture of the intense circumstances in which the ancient Christians lived and a close-up, immediate view of the exploits and contests of the early martyrs, through which the Faith of Christ triumphed.

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Diamonds on the Bosphorus

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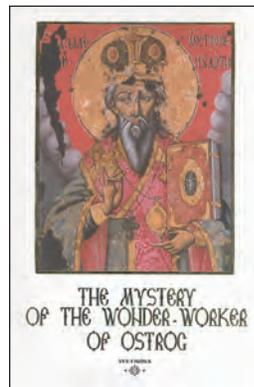
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FROM SERBIA

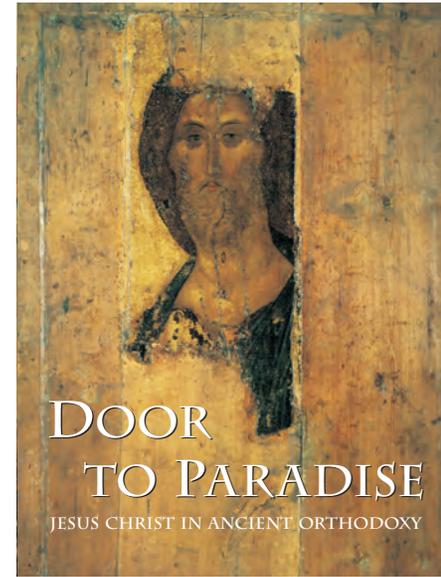
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—excerpts from *Door to Paradise*

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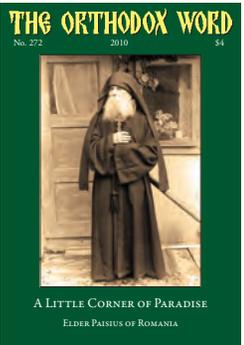
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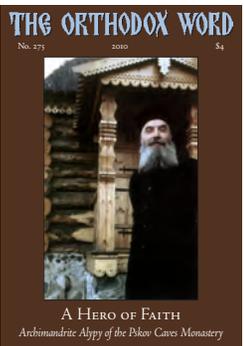
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